#### MENU TWO

#### Week beginning Monday 8th September 2025 and Monday 29th September 2025

# Monday

#### Mains

Pasta Bake Tomato Pasta

## Sides

Peas Sweetcorn

#### Desserts

Choice of Fresh Fruit Rainbow Iced Sponge

# Tuesday

#### Mains

Sweet & Sour Chicken Spanish Omelette

### Sides

Ríce Broccolí Green Beans

#### Desserts

Choice of Fresh Fruit Angel Delight

# Wednesday

### Mains

Roast Turkey Roasted Quorn Fillet

### Sides

Roast Potatoes Cabbage Caulíflower

#### Desserts

Choice of Fresh Fruit Jelly & Ice Cream

# Thursday

### Mains

Pork Meatballs Veggie Balls

### <u>Sídes</u>

Pasta Carrots Peas

#### Desserts

Choice of Fresh Fruit Yoghurt

# Friday

### Mains

Físh Fíngers Veggíe Fíngers

### <u>Sídes</u>

Oven Chips Baked Beans/Spaghetti

#### Desserts

Fresh Fruit Friday! Melon, Pineapple & Raisins

All meals are homecooked and served with two vegetables and/or fresh crudité.

A sandwich choice of ham, cheese or marmite is also available OR an egg or tuna wrap.

We use locally purchased fresh produce wherever possible.

Please note that local needs and supply issues may necessitate a change to the menu.

Foods may contain allergens: celery, gluten, crustaceans, eggs, fish, lupin, milk, mollusc, mustard, nuts, peanuts, sesame seeds, soya & sulphur dioxide.